



# International Conference on Cognitive Behavioural Interventions - AIIMS 2015

MENTAL HEALTH INTERVENTION AND REHABILITATION

2<sup>nd</sup> - 3<sup>rd</sup> MARCH 2015 AT AIIMS, NEW DELHI

[www.iccbiaaiims.com](http://www.iccbiaaiims.com)



Dated: 13/01/2015

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Dr. Usha Nayar  
Eminent Clinical Psychologist  
USA

**Subject: Letter of Invitation for delivering Keynote Address**

Dear Dr. Nayar,

On behalf of the Organising Committee of ICCBI AIIMS 2015, I am honoured to invite you to the **First International Conference on Cognitive behavioural Therapy** ([www.iccbiaaiims.com](http://www.iccbiaaiims.com)) to be ever held in India, being organised at the Country's premier healthcare Institute, i.e. the All India Institute of Medical Sciences, New Delhi on 2<sup>nd</sup> and 3<sup>rd</sup> March with pre-conference workshops on 28<sup>th</sup> February and 1<sup>st</sup> March 2015 as well as post-conference on 4<sup>th</sup> March 2015.

Psychotherapy as a professional field has often been criticised for being a 'westernised' approach in a land where guiding and helping has been part and parcel of our basic societal fabric. Due to the overshadowing of Clinical Psychology as a distinct field and the absence of a distinct regulatory body to oversee psychological interventions and to guide/regulate practice, Cognitive Behavioural Therapy has continued to flourish as an indispensable tool in the Mental Health Practitioner's armamentarium but has not obtained the clinical status and advancement it deserves. This Conference is a much-needed step in the right direction with the theme being **"Fitting the pieces: Towards Consolidation and New Directions"**.

We are expecting a host of National and International experts to enrich the Conference. Due to your vast experience, valuable contributions and long association with this field, we would be extremely pleased if you could deliver a:

**KEYNOTE ADDRESS**

**TOPIC:** Transcending the Boundaries of CBT: Potentials of love, kindness, compassion, mindfulness and Meditation Interventions

**DATE, TIME AND DURATION OF PRESENTATION:** 3<sup>rd</sup> March 2015 from 09:00 am to 09:30 am.

The exact time of presentation may vary slightly to accommodate unexpected delays. It would be highly appreciated if you could send in a word of confirmation on phone or e-mail along with the exact title of your presentation in case of any changes, a bio-note and recent photograph.

I am pleased to inform you that we would be able to arrange your accommodation and local transfers to and from the venue. Also please provide us your travel plans and itinerary as soon as convenient. In case of any queries or concerns please feel free to contact us.

We look forward to welcoming you!

Warm Regards

*Nimisha Kumar*

**Dr Nimisha Kumar**

CONFERENCE SECRETARIAT:

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